



Children's Research Center, Turkey

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“You cannot teach a man anything; you can only help him discover it in himself” Galileo Galilei



According to the educators a child who does not have a clear set of routines for completing school tasks is hindered even if the child possesses all of the necessary knowledge for the tasks.

Support and involvement of parents to children's education bear great importance. Studies reveal that with support from parents, success in education improves. Parents' involvement and support also include the effort to develop planning, time management and organization skills of the children. These skills will be helpful for your children not only at school but also their future life. Here is some helpful advice for you to help your children develop planning, time management and organization skills:

Help your child get into the habit of using a "to-do" list. Checklists can be used to list assignments and household chores and to remind children to bring

appropriate materials to class. Crossing out a task on the list will provide children the feeling of accomplishment.

Help your child to manage the homework assignments. Ordering the tasks and assignments according to their priority or difficulty will help your child to develop awareness towards planning and adjusting the study sessions.

Provide your child with a good place to study. Even if your child does not have a separate bedroom or study room at home, a quiet place with few distractions will be enough.

Your child can define the study hours by herself, if she has problems help her. This will give her the responsibility and the idea of planned study sessions. Your child should realize that the time spared for study is not only for homework; she can read, revise the courses and prepare for the next projects.

It may not be a good idea to start studying right after school. Help your child to have enough time to rest and recreate. Not only the study hours but other daily activities can be planned and conducted within and organization.

Help your child to cleanup and organize her books, notebooks and notes in a weekly basis. Before your child goes to bed, he should pack schoolwork and books in a book bag. The next day's clothes should be laid out with shoes, socks, and accessories. This will cut down on morning confusion and allow your child to prepare quickly for the day ahead.

Activities involving organization, planning and time management like shopping, emptying the dishwasher, sorting photos, cleaning out a closet can help you child to develop organizational skills. Cook with your child or encourage him to develop an interest in collecting. These activities will provide him chances to experience the tasks like following directions, sorting ingredients, managing time and classifying. Reward and support your child as she makes progress in developing planning, time management and organization skills.